

# APPENDIX 3: SAMPLE REPORT CARD— GRADING RATIONALE

Below is a description of the rationale for each grade assigned in the example of the Report Card shown on page 17. A more complete example of the Report Card and a description of grading criteria can be found at <http://www.doh.wa.gov/hip/Indicators/DraftReportCard.htm>.

		Comparison to United States	
How healthy are we overall?	Indicator	Grade	
How good is our general physical and mental health?	Expected years of healthy life at age 20	A	Expected years of healthy life at age 20 was higher in Washington than in the United States for 1999, 2000, and 2001.
	Percent of people experiencing poor mental health for 14 or more days in one month	B	Similar percentages of adults in Washington and the U.S. reported 14 or more days of poor mental health in 2001 and 2003. In 2002, fewer adults in Washington reported 14 or more days of poor mental health.
	General health grade: Although Washington compares favorably to the United States on healthy life expectancy and mental health, we have not seen improvement since 1993, and there are moderate levels of disparities.		
Are we a healthy weight?	Percent of adults who are obese	B	Fewer adults in Washington were obese in 2001 and 2003 than in the United States. Similar proportions were obese in 2002.
	Percent of 10th-graders who are overweight	B	For the 1998/99 and 2002/03 school years, there was less obesity among 10th graders in Washington compared to the United States.
	Obesity grade: Washington has relatively fewer obese adults and overweight 10th-graders compared to the United States Nonetheless, in 2003, about 20% of adults reported heights and weights indicating obesity. About 10% of 10th-graders were overweight in 2002. Washington's rates are moving in the wrong direction, and we have moderate levels of disparities.		

				Final grade average
Trend		Disparities		
Grade		Grade		
C	There have not been significant changes in the expected years of healthy life from 1993 to 2002.	C	Disparities for years of healthy life cannot be computed directly at this time. But there is a 103% disparity between American Indian/Alaska Native (23%±5%) and Asian/Pacific Islander (11%±4%) for having poor or fair health. There is also a 9-year difference in life expectancy between Asian/Pacific Islander (83 years) and American Indian/Alaska Native (74 years).	2.7
C	There have not been significant changes in the percent of adults in Washington reporting 14 or more days of poor mental health from 1993 to 2003.	C	112% difference between American Indian/Alaska Native (14%±4%) and African Americans (7%±2%) for 2001-2003. This level of disparity is similar to the level in 1995-1997 and 1998-2000.	2.3
				2.5
F	Since 1990, the percent of obese adults in Washington has been increasing.	C	There was a 179% difference between African Americans (29%±6%) and Asian/Pacific Islanders (11%±3%) for 2001-03. This is similar to the percent differences for 1995-97 and 1998-2000.	1.7
	With only two years of data, a trend cannot be calculated.	C	There was a 115% difference between Hispanics (16%±4%) and Asian/Pacific Islanders (7%±3%) in 2002. Numbers are too small for race breakdowns in earlier years.	2.5
				2.1